



Spring Throws Festival

13th & 14th April

Edmondscote Athletics Track

Leamington Spa

Dear Athlete

Thank you for entering the Sprint Throws Festival. This is the first time we are hosting this meeting and if it is successful, we will plan to host future events like it. On Saturday 13th the events will be for U20s age group and above and on Sunday the competition is for the U13, U15 and U17 age groups.

Equipment

Equipment can be weighed and checked at the container just past the main building shown on the map in the Parking section which follows. For the early events it will work better if you get your implement checked and then take it over to the competition area. This would be the men's hammer at 9.30am. After that implements can be left with the Field Referee and the Officials will get them to site ready for warm-up. You are free to take implements away following your competition.

Numbers and Check-in

You will all be pre-numbered and can collect these from the desk in the club room.

Results

This event is being run using OpenTrack. This is another first for us but we hope to be able to update them very quickly and post them online. I will post a sheet up at various points on the site which should link back to the results on OpenTrack. These will go on Power Of 10 post event.

Refreshments

We hope to have some light refreshments on sale in the main clubroom. Tea and coffee will be available throughout the day. If you require anything else, there is a Morrisons store which is approximately 15 minutes away on foot.

Timetable

Saturday	Time	Sunday	Time
Hammer (U20m/SenM)	09:30	Hammer (U13/U15/U17)	10:00
Shot Put (U20m/SenM)	10:30	Shot Put (U13/U15/U17)	10:30
Hammer (U20w/SenW)	10:45	Discus (U13/U15/U17)	11:30
Discus (U20m/SenM)	12:00	Javelin (U13g/U15g/U17w)	12:30
Shot Put (U20w/SenW)	13:00	Javelin (U13b/U15b/U17m)	13:30
Discus (U20/SenW)	13:15		
Javelin (U20m/SenM)	14:30		
Javelin (U20w/SenW)	15:45		

Parking

Car parking will be in the overspill car park at Edmondscote. This is accessed via the road shown on the map below. There is a gate which leads through to the main site from there. There is plenty of room but be aware that, after much rain the ground could still be saturated and vehicles could get stuck. The postcode for this access road is CV32 6AG



On behalf of Leamington Cycling & Athletics Club, I hope you have an enjoyable competition.

Thank you.

David Ashbourne